

WARNER ROBINS SENIOR ACTIVITY CENTER (50 YEARS OLD AND UP)



SEPTEMBER 2016



WRSC August Birthdays



**Volunteer of the Year
Ms. Mable McCord**



TWSC August Birthdays



2016 VOLUNTEER LUNCHEON

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**Thank you ladies of Ikebana for
the beautiful table arrangements!**

Classes Provided



AEROBICS:

Monday, Wednesday and Friday 9:00am—10:00am. This is a low impact aerobics class for seniors. Please call 293-1066 if you have any questions.

PRIME PAINTERS:

Thursday from 1:30—4:00pm. Bring your own supplies.



WOODSHOP:

Monday, Tuesday, Wednesday and Friday - Open 9:00am—noon.



AARP DRIVER SAFETY CLASS:

12:30-3:30 pm in the Senior Center. Please contact Don Tate 396-9705 or dedtate2@gmail.com to reserve a seat.

CERAMICS: Tuesdays and Fridays, 10:30am till 4:00pm. There are charges for greenware, lights, music boxes, etc. Brushes and cleaning tools are available for purchase. No charge for firing or paint. Please call 293-1066 if you have any questions.



QUILTING:

Wednesday at 10:00am—2:00pm. Bring your own scissors and thimble. Hand quilting done for the public.. Quilts sold at the Senior Activity Center.



YOGA:

Tuesday & Thursday 2pm - 3pm. Cost \$5.00 per class. Gentle stretching, balance & breathing exercises to help with daily activities & lower blood pressure. Any ability level welcome. Designed to improve posture and mood.



IKEBANA

Japanese Flower arranging, Monday's from 2:00-4:00pm. For additional information contact Yuko Hancock 923-7312 or Dee Boren 987-0493.



LINE DANCING: Beginners meet Wednesday from 1:00—2:00pm, cost is \$2.00. Advanced class meets Wednesdays from 2:30—4:00pm, cost is \$3.00. Please contact Julia Juarez 918-5635 for additional information.



WATER AEROBICS:

Monday, Tuesday, Thursday and Friday 9:00am—10:00am @ Fountain Park. Cost is \$25.00 per month. For additional information please contact Miranda Nelson 293-1071.



Location by Color

(Calendar on next page)

- SC - **Senior Activity Center** - 152 Maple Street
- TW - **Ted Wright Park** - 2841 Moody Road
- FP - **Fountain Park** - 614 Kimberly Road
- WC - **Wellston Center** - 155 Maple Street
- MR - **McIntyre Rm.** - Rec. Dept. 800 Watson Blvd.
- BT - **Bus Trips**



September

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																	
October 2016 <table border="1"> <tr> <td>Sunday</td><td>Monday</td><td>Tuesday</td><td>Wednesday</td><td>Thursday</td><td>Friday</td><td>Saturday</td></tr> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr> <td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr> <td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr> <td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr> <td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr> <td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>							Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
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18 	19 GEORGIA GOLDEN OLYMPICS 	20 GEORGIA GOLDEN OLYMPICS 	21 GEORGIA GOLDEN OLYMPICS 8AM Check in till 4 PM 	22 First Day of Autumn GEORGIA GOLDEN OLYMPICS 6:30 PM Parade of Athletes, Reception and Entertainment	23 GEORGIA GOLDEN OLYMPICS 6:30 PM Awards Dinner 	24																																																	
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**Warner Robins
Senior Activity Center**

**202 North Davis Drive, PMB 718
152 Maple Street
Warner Robins, GA 31093**

Phone: 478-293-1066

Fax: 478-929-6959

Email: cbramlett@wrga.gov



www.facebook.com/cityofwr



@cityofwr_PIO

WEBSITE: www.wrga.gov

The Senior Activity Center is Non-Profit and is sponsored by the Warner Robins Recreation Department. All of our Programs and Activities are open to the public for anyone 50 years and up.

Meetings

- **AARP:** - The 4th Wednesday of the month, 10:00am—Noon. Location @ the Wellston Center, 155 Maple Street. President, Greg Davis, 478/318-0471 - www.aarpchapter1952.org.
- **AARP: Driver Safety Course,** August 17 & 18- 12:30-3:30pm @ the Senior Activity Center, 152 Maple St. Call Don Tate (478-396-9705) or email: dedtate2@gmail.com to register.
- **NARFE:** Nat'l Active & Retired Federal Employees - The 2nd Wednesday of the month, 10:00am—noon @ the Wellston Center, 155 Maple Street. President, Charles Farmer 478-333-2972.
- **TED WRIGHT SOCIAL CLUB:** Meets 2nd & 4th Thursday of the month, 9:00am—11:00am @ Ted Wright Park, 2841 Moody Road. President, Betty Lou Lovain 478-235-6654.
- **WARNER ROBINS SOCIAL CLUB:** Meets 2nd & 4th Tuesday of the month, 9:30am—11:15am @ the Wellston Center, 155 Maple Street. President, Van Adams 478-297-5924.

Upcoming Events!

- Sept. 5 - Our offices will be **closed for Labor Day**.
- Sept. 16 - **No LMNO** this month due to Georgia Golden Olympics.
- Sept. 22 - **Ted Wright Social Club** will not meet.
- Sept. 19-24 - **Georgia Golden Olympics** - If anyone is interested in volunteering for the GA Golden Olympics, please give us a call at 293-1066 or stop by the office for a volunteer form. Any help would be greatly appreciated.
- Sept. 19-24 - **No classes** this week during Georgia Golden Olympics.
- Sept. 27 - **Warner Robins Social Club** will not meet.
- Oct. 4th - **Senior Health Fair** - In the Wellston Center from 8AM-12PM. Please give us a call (293-1066) if you are interested in participating.

For Reservations please call 478-293-1066